**RSE Sensitive Language**

**Junior/Senior Infants**

My body: Name and identify external parts of the male and female body in the context of giving an anatomically correct male doll and female doll a bath.

Head, eyes, ears, nose, skin, hips, navel, private parts, nipple, breast, vulva, penis, bottom

The Wonder of New Life

Baby inside its Mammy’s womb. A baby grows and is nurtured in the mother’s womb for nine months until ready to be born.

Caring for a new baby: breast milk, breastfeeding/feeding, winding, changing etc

**First/Second Class**

The Wonder of New Life:

Baby inside its Mammy’s womb. A baby grows and is nurtured in the mother’s womb for nine months until ready to be born.

Caring for a new baby: breast milk, breastfeeding, winding, changing etc

How My Body Works: Name and identify external parts of the male and female body and their associated *function.*

Navel: The proper name for the part of the body where a baby was joined to his/her mother before being born.

Penis: The proper name for the part of the body of a boy that passes urine. (Reproductive function not addressed until 5th class)

Urethra: The proper name for the part of the body of a girl that passes urine.

Vagina: Opening where a baby leaves a mother’s womb. Sometimes a mother has to have an operation to have a baby. This is all normal.

Vulva: The vulva is external and is the correct name for the opening of the vagina which is internal.

Breasts/Breast milk: Breasts produce milk after a mother has had a baby. Sometimes the mother feeds the baby with this milk. It is known as breast-feeding. Some mothers also use powdered milk.

**Third Class**

My Body: As I grow I change: changes from “when I was a baby” to “when I started in 3rd class”.

Preparing for New Life: Nutrition in the womb and the function of the umbilical cord. Before a baby is born the baby spends nine months in the mother’s womb and gets food through a tube called the umbilical cord.

The Wonder of New Life: Stages of growth of a baby from conception to birth. Womb prepares soft thick lining, it starts as a fertilised egg, sac filled with liquid, cells multiply, egg grows and changes, baby spends 9 months in the womb. Care while waiting for a baby. After nine months the baby is ready to be born. Develop an appreciation of the wonder of the birth of a new baby.

**Fourth Class:**

My body: Growing and changing: Hormones cause body changes, changes in friendship patterns, mood changes, voice changes, oily skin, perspiration, increases in body hair – underarm, pubic

Girls: hips get wider, breasts develop,

Menstruation/periods begin – every month an egg travels down a tube into the womb. When there is no baby, the lining dissolves, mixes with a little blood and leaves the body through the vagina, use of sanitary protection (available in school) (all in preparation for motherhood).

Boys: become more muscular, shoulders broaden, penis grows.

**Fifth Class/ Sixth Class**

My Body Grows and Changes: Psychological, Emotional, Social Changes and Physical Development: Puberty, the transition into adulthood, each have an individual growth clock.

*Physical changes for girls:* breasts develop, menstruation/periods begin, growth spurt, underarm and pubic hair, hips broaden, perspiration, oily skin, pimples

*Female Reproductive Organs:* Vagina, cervix, uterus/womb, uterus lining, fallopian tube, ovary.

Menstruation (same as 4th class)

*Physical changes for boys:* growth spurt, testicles, scrotum, penis enlarge, pubic/facial and other body hair, voice deepen, nocturnal emissions/wet dreams, perspiration, oily skin, pimples.

*Male Reproductive Organs:* Penis, scrotum, testes/testicles, sperm production, erection

The Wonder of New Life: How New Life begins? Conception, the sperm and egg(ova) meet.

*“The most intimate expression of love is when a man and woman express their love for one another physically in sexual intercourse. During sexual intercourse the man and woman become physically close to one another and the man’s penis enters the woman’s vagina. This is a special experience for the man and woman, and happens in the context of a committed loving relationship.*

*Every month a woman produces an ovum or egg in one of her ovaries. About mid-way in a woman’s menstrual cycle, the ovum is released from the ovary and travels along the fallopian tube. There are two fallopian tubes connecting the ovaries to the womb. If the ovum is fertilised by the woman having sexual intercourse during this time, conception can take place. The fertilised egg makes its way to the womb and embeds itself in the soft lining where the growth of a baby begins. The woman’s periods stop for the duration of the pregnancy. If conception does not take place, the ovum is shed from the body during the woman’s period.” (*Dept of Ed RSE Handbook 5TH Class Page 96)

Caring for New Life: breast milk/powdered milk, love and care

Different Kinds of Love: understanding different types of love, the love of parents for the babies/children, the love between brothers and sisters, two people falling in love, the love between friends, the love between grandparents and grandchildren and the love between couples.

A Baby is a Miracle: Development in the womb (same as in 4th class), changes a baby brings to parents